



**Universitas Negeri Surabaya
Faculty of Education,
Psychology Undergraduate Study Program**

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight	SEMESTER	Compilation Date																																																		
PERSONALITY PSYCHOLOGY	7320103155	Compulsory Study Program Subjects	T=3 P=0 ECTS=4.77	2	December 14, 2023																																																		
AUTHORIZATION	SP Developer		Course Cluster Coordinator	Study Program Coordinator																																																			
	Dr. Hermien Laksmiwati M.Si. Satiningsih, S.Psi., M.Si. Fitriana Maghfiroh, M.Psi., Psikolog		Dr. Diana Rahmasari. M.Si., Psikolog	Yohana Wuri Satwika, S.Psi., M.Psi.																																																			
Learning model	Case Studies																																																						
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																																						
	Program Objectives (PO)																																																						
	PO - 1	PEO 1. Able to use psychological theories and concepts to carry out non-clinical assessments and interventions in the field of psychology based on the psychology code of ethics PEO 2. Able to use information technology to carry out non-clinical assessments and interventions in the field of psychology PEO 3. Able to conduct research in the field psychology and its application in human resource development																																																					
	PLO-PO Matrix																																																						
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr><td style="padding: 5px;">P.O</td></tr> <tr><td style="padding: 5px;">PO-1</td></tr> </table>				P.O	PO-1																																																
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PO-1																																																							
	PO Matrix at the end of each learning stage (Sub-PO)																																																						
	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td rowspan="2" style="padding: 5px;">P.O</td> <td colspan="16" style="padding: 5px;">Week</td> </tr> <tr> <td style="padding: 5px;">1</td><td style="padding: 5px;">2</td><td style="padding: 5px;">3</td><td style="padding: 5px;">4</td><td style="padding: 5px;">5</td><td style="padding: 5px;">6</td><td style="padding: 5px;">7</td><td style="padding: 5px;">8</td><td style="padding: 5px;">9</td><td style="padding: 5px;">10</td><td style="padding: 5px;">11</td><td style="padding: 5px;">12</td><td style="padding: 5px;">13</td><td style="padding: 5px;">14</td><td style="padding: 5px;">15</td><td style="padding: 5px;">16</td> </tr> <tr> <td style="padding: 5px;">PO-1</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>					P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																
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	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																																							
PO-1																																																							
Short Course Description	This course discusses examining pre-modern personality concepts, Freud's psychoanalysis, Jung's analytical psychology, individual psychology of Adler, Erik Erikson, Anna Freud, Eric Fromm, Karen Horney, Sullivan, the Klenian school, Maslow, and Rogers. Lectures are carried out using lecture techniques, presentations, group discussions, and assignments in the form of case analysis.																																																						
References	Main :																																																						
	1. 1. Feist J., & Feist G.J., (2010). Teori Kepribadian Buku I . Alih bahasa Hendriatno. Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), Psikologi Kepribadian I: Teori-Teori Psikodinamik (klinis) , Yogyakarta: Kanisius 3. Alwisol (2004), Psikologi Kepribadian , Malang: UMM Press.																																																						
	Supporters:																																																						
	1. Alwisol (2004), Psikologi Kepribadian , Malang: UMM Press.																																																						
Supporting lecturer	Dr. Hermien Laksmiwati, M.Psi. Satiningsih, S.Psi., M.Si. Ellyana Ilsan Eka Putri, M.Psi. Fitriana Maghfiroh, M.Psi., Psikolog Mimbar Oktaviana, S.Pd., M.Si.																																																						
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation	Help Learning, Learning methods, Student Assignments, [Estimated time]	Learning materials [References]	Assessment Weight (%)																																																		

		Indicator	Criteria & Form	Offline (offline)	Online (online)		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	· Able to understand the definition of personality · Able to understand concepts in personality - Able to understand Freud's classic psychological analysis	· Can explain the general description of psychoanalytic theory. · Can explain the structure and dynamics of personality, - Can explain defense mechanisms, - Can explain stages of psychosexual development - Can explain the concept of personality	Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done Form of Assessment : Participatory Activities	· Small Group Discussion (SGD) · Case Study (CS) · Contextual Instruction (CI) 3 X 50	Students take online classes	Material: General Overview of Psychoanalytic Theory Literature: 1. Feist J., & Feist GJ, (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i> , Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i> , Malang: UMM Press.	3%
2	Able to understand Adler's Individual Psychology theory	· Can explain the general description of individual psychology theory · Can explain Adler's personality concepts · Can explain abnormal development · Can apply individual psychology theory	Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done Form of Assessment : Participatory Activities	· Small Group Discussion (SGD) · Case Study (CS) · Contextual Instruction (CI) 3 X 50		Material: Individual Psychological Description References: 1. Feist J., & Feist GJ, (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i> , Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i> , Malang: UMM Press.	3%

3	Able to understand Jung's Psychoanalytic Theory	<ul style="list-style-type: none"> Can explain the general description of Jung's analytical psychology theory. Can explain levels of psyche and personality dynamics Can explain personality development 	<p>Criteria: : Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done</p> <p>Form of Assessment : Participatory Activities</p>	<ul style="list-style-type: none"> Small Group Discussion (SGD) Case Study (CS) Contextual Instruction (CI) 3 X 50 		<p>Material: General Overview of Jung's Psychoanalytic Theory</p> <p>References: 1. Feist J., & Feist GJ. (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i>, Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i>, Malang: UMM Press.</p>	4%
4	Able to understand Neofreudian theories: Erik Erikson (Psychosocial Theory)	<ul style="list-style-type: none"> Can explain the general description of psychosocial theory Can explain personality structure Can explain personality development 	<p>Criteria: : Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done</p> <p>Form of Assessment : Participatory Activities</p>	<ul style="list-style-type: none"> Small Group Discussion (SGD) Case Study (CS) Contextual Instruction (CI) 3 X 50 		<p>Material: Overview of Psychosocial Theory</p> <p>References: 1. Feist J., & Feist GJ. (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i>, Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i>, Malang: UMM Press.</p>	5%
5	Able to understand Karen Horney's theory (social psychoanalysis)	<ul style="list-style-type: none"> Get a general overview of Horney's theory Can explain anxiety and conflict Can explain how to resolve conflict Can explain intrapsychic conflict Can explain feminine psychology 	<p>Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done</p> <p>Form of Assessment : Participatory Activities</p>	<ul style="list-style-type: none"> Small Group Discussion (SGD) Case Study (CS) Contextual Instruction (CI) 3 X 50 		<p>Material: Theory Overview from Karen Horney</p> <p>References: 1. Feist J., & Feist GJ. (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i>, Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i>, Malang: UMM Press.</p>	5%

6	Able to understand Neofreudian Theory: Erich Fromm (Humanistic Psychoanalysis)	§ Can explain the general concept of Fromm's theory. § Can explain human needs. § Can explain Burden of Freedom and Character Orientation § Can explain Personality Disorders	Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done Form of Assessment : Participatory Activities	· Small Group Discussion (SGD) · Case Study (CS) · Contextual Instruction (CI) 3 X 50		Material: Neofreudian Theory References: 1. Feist J., & Feist GJ, (2010). <i>Personality Theory Book I. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i> , Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i> , Malang: UMM Press.	5%
7	Able to understand Maslow's Humanistic Theory	§ Can explain the General Description of Maslow's Humanistic Theory § Can explain the Hierarchy of Human Needs Can explain Self-Actualization and its characteristics	Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done Form of Assessment : Participatory Activities	· Small Group Discussion (SGD) · Case Study (CS) · Contextual Instruction (CI) 3 X 50		Material: Humanistic Theory References: 1. Feist J., & Feist GJ, (2010). <i>Personality Theory Book I. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i> , Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i> , Malang: UMM Press.	4%
8	Able to understand Rogers' Phenomenological Theory	Suitability of the answer to the question	Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done Form of Assessment : Test	Offline 3 X 50		Material: Meeting material 1-7 References: 1. Feist J., & Feist GJ, (2010). <i>Personality Theory Book I. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i> , Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i> , Malang: UMM Press.	20%

9	Rogers' Humanistic Theory	Understanding Rogers' Humanistic Theory	<p>Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done</p> <p>Form of Assessment : Participatory Activities</p>	Live Learning 3 X 50		<p>Material: Rogers' Humanistic Theory</p> <p>References: 1. Feist J., & Feist GJ, (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i>, Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i>, Malang: UMM Press.</p>	4%
10	Understanding Eysenck's Theory of Biological Typology	· Can explain the hierarchy of personality factors Can explain personality formation	<p>Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done</p> <p>Form of Assessment : Participatory Activities</p>	· Small Group Discussion (SGD) · Case Study (CS) Contextual Instruction (CI) 3 X 50		<p>Material: Eysenck's Typology Theory</p> <p>References: 1. Feist J., & Feist GJ, (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i>, Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i>, Malang: UMM Press.</p>	5%
11	Understanding McRae and Costa's Theory	· Can explain the search for the big five · Can explain the evolution of the big five theory · Can explain the human concept of the big five theory	<p>Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done</p> <p>Form of Assessment : Participatory Activities</p>	Live Learning 3 X 50		<p>Material: McRae and Costa theory</p> <p>References: 1. Feist J., & Feist GJ, (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i>, Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i>, Malang: UMM Press.</p>	3%

12	Understanding Rotter and Mischel Theory	<ul style="list-style-type: none"> · Can explain the general description of Rotter's theory · Can explain specific behavioral predictions · Can explain general behavioral predictions and general behavioral formulations · Can explain maladaptive behavior · Can explain the general description of Mischel's affective cognitive theory § Can explain the affective cognitive personality system § Can explain the concept of humanity 	<p>Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done</p> <p>Form of Assessment : Participatory Activities</p>	<ul style="list-style-type: none"> · Small Group Discussion (SGD) · Case Study (CS) · Contextual Instruction (CI) 3 X 50 		<p>Material: Rotter and Mischel theory</p> <p>References: 1. Feist J., & Feist G.J. (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i>, Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i>, Malang: UMM Press.</p>	3%
13	Able to understand G.Kelly's Personal Construct theory	<ul style="list-style-type: none"> § Can explain the general description of personal construct theory § Can explain personal construct § Can explain the application of personal construct § Can explain Kelly's concept of humanity 	<p>Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done</p> <p>Form of Assessment : Participatory Activities</p>	<ul style="list-style-type: none"> · Small Group Discussion (SGD) · Case Study (CS) · Contextual Instruction (CI) 3 X 50 		<p>Material: G. Kelly's Personal Construct theory</p> <p>References: 1. Feist J., & Feist G.J. (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i>, Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i>, Malang: UMM Press.</p>	2%
14	Able to understand Henry Murray's theory of personology	<ul style="list-style-type: none"> § Can explain personality structure § Can explain personality dynamics § Can explain application of theory 	<p>Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done</p> <p>Form of Assessment : Participatory Activities</p>	<ul style="list-style-type: none"> · Small Group Discussion (SGD) · Case Study (CS) · Contextual Instruction (CI) 3 X 50 		<p>Material: Henry Murray's personological theory</p> <p>References: 1. Feist J., & Feist G.J. (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i>, Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i>, Malang: UMM Press.</p>	2%

15	Understanding Kurt Lewin's field theory	§ Can explain personality structure § Can explain personality dynamics § Can explain personality development	Criteria: Score 4 if done very well, Score 3 if done well, Score 2 if done adequately, Score 1 if not done Form of Assessment : Participatory Activities	· Small Group Discussion (SGD) · Case Study (CS) · Contextual Instruction (CI) 3 X 50	Material: Kurt Lewin field theory References: 1. Feist J., & Feist GJ, (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i> , Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i> , Malang: UMM Press.	2%
16	Final exams	Suitability of the answer to the question	Criteria: Suitability of the answer to the question Form of Assessment : Test	Test 3x50	Material: Material 9-15 References: 1. Feist J., & Feist GJ, (2010). <i>Personality Theory Book 1. Hendriatno's translation.</i> Jakarta: Salemba Humanika 2. Hall & Lindzey (1993), <i>Personality Psychology I: Psychodynamic Theories (clinical)</i> , Yogyakarta: Kanisius 3. Alwisol (2004), <i>Personality Psychology</i> , Malang: UMM Press.	30%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
1.	Participatory Activities	50%
2.	Test	50%
		100%

Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.

8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.