



Universitas Negeri Surabaya
Faculty of Engineering,
Cosmetology Education Undergraduate Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date																																
Solus per Aqua (SpA)	8321303113	Compulsory Study Program Subjects	T=3	P=0	ECTS=4.77	5	July 18, 2024																																
AUTHORIZATION	SP Developer		Course Cluster Coordinator			Study Program Coordinator																																	
	Nia Kusstianti, S.Pd.,M.Pd Sri Usodoningtyas, S.Pd.,M.Pd		Nia Kusstianti, S.Pd.,M.Pd			Nia Kusstianti, S.Pd., M.Pd.																																	
Learning model	Case Studies																																						
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																						
	PLO-5	Applying a professional attitude as an educator and practitioner in the field of cosmetology which includes discipline, honesty, responsibility, ethics, ability to collaborate and communicate effectively																																					
	PLO-7	Able to apply skills in the field of cosmetology that support the field of cosmetology education																																					
	PLO-8	Creation of competency skills in the field of make-up including: Skin make-up, hair make-up, bridal make-up, and entrepreneurial insight																																					
	PLO-12	Able to explain the principles of professionalism that support the field of cosmetology education including: skin beauty, hair beauty, bridal make-up, and entrepreneurship																																					
	Program Objectives (PO)																																						
	PLO-PO Matrix																																						
		<table border="1" style="margin: auto;"> <tr> <td style="width: 20%;">P.O</td> <td style="width: 20%;">PLO-5</td> <td style="width: 20%;">PLO-7</td> <td style="width: 20%;">PLO-8</td> <td style="width: 20%;">PLO-12</td> </tr> </table>						P.O	PLO-5	PLO-7	PLO-8	PLO-12																											
	P.O	PLO-5	PLO-7	PLO-8	PLO-12																																		
	PO Matrix at the end of each learning stage (Sub-PO)																																						
	<table border="1" style="margin: auto;"> <tr> <td rowspan="2" style="width: 10%;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td style="width: 5%;">1</td> <td style="width: 5%;">2</td> <td style="width: 5%;">3</td> <td style="width: 5%;">4</td> <td style="width: 5%;">5</td> <td style="width: 5%;">6</td> <td style="width: 5%;">7</td> <td style="width: 5%;">8</td> <td style="width: 5%;">9</td> <td style="width: 5%;">10</td> <td style="width: 5%;">11</td> <td style="width: 5%;">12</td> <td style="width: 5%;">13</td> <td style="width: 5%;">14</td> <td style="width: 5%;">15</td> <td style="width: 5%;">16</td> </tr> </table>						P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
P.O	Week																																						
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																							
Short Course Description	Conduct studies and provide an understanding of spas, their history and development, aromatherapy, knowledge and skills about touchtherapy, treatments available at spas, waxing and nail art. Learning is carried out by applying a direct online learning model. Learning activities are equipped with body SpA practical training including massage practice and other body treatments by each student.																																						
References	Main :																																						
	<ol style="list-style-type: none"> 1. Andria Agusta. 2000.Aromaterapi CaraSehat dengan Wewangian Alami. Jakarta : PT.Swadaya 2. Kusumadewi Sutanto, SPA Pengetahuan, Aplikasi dan Manfaat, PT. Gramedia Pustaka Tamma. 3. Sophie Benge dan Elizabeth Tara MD.Buku Pintar Terapi Spa. Jakarta : Taramedia dan Restu Agung. 																																						
	Supporters:																																						
	<ol style="list-style-type: none"> 1. Anastasia, Henny, 2009,Cantik,Sehat dan Sukses Berbisnis Spa, Penerbit : kanisius 2. Crissie Painel-Malik. 2000.Secret of theHome Spa. Jakarta : Prestasi Pustaka 3. Eilean Bentley. 2003.Pemijatan. Menyingkirkan Ketegangan dan Kegelisahan dari Gaya Hidup yang Sibuk. Karisma Publishing Group. 4. Sarah Dean. 2007. Aromaterapi. Pedoman Menjadi Sehat bagi Orang Sibuk. Karisma Publishing Group 																																						
Supporting lecturer	Sri Usodoningtyas, S.Pd., M.Pd. Nia Kusstianti, S.Pd., M.Pd. dr. Nieke Andina Wijaya, M.Biomed., Sp.KK																																						
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																

1	Students are able to understand the basic concepts of SpA history and its development.	- Understand the basic concepts of SpA - Explain the purpose of SpA - Explain the history of SpA - Identify the various types of SpA that are developing in Indonesia	Criteria: 1. The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6. Student Final Grade: 7. Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided	Direct Learning, presentation, discussion and reflection on the Scientific Approach 3 X 50			0%
2	Students are able to understand the programs and types of treatment available at SpA	- Understand Spa treatment programs - Identify various types of SpA treatments	Criteria: 1. The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6. Student Final Grade: 7. Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Group discussion and reflection 3 X 50			0%

3	Students are able to understand the concept of Hydrotherapy and the principles of using water in hydrotherapy.	<ul style="list-style-type: none"> - Understand the concept of hydrotherapy - Explain the principles of using water in hydrotherapy. - Identify the various hydrotherapy facilities 	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6.Student Final Grade: 7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10. 	Group discussion and reflection. 3 X 50			0%
4	Students are able to understand the concept of aromatherapy, essential oils and the 13 basic aromatherapy techniques	<ul style="list-style-type: none"> - Explain the concept of aromatherapy - Describe a brief history of aromatherapy - Explain the meaning and types of essential oils and how they work and function - Identify the basic techniques of aromatherapy 	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6.Student Final Grade: 7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10. 	Group discussion and reflection 3 X 50			0%

5	Students are able to understand the concept of touchtherapy/massage, various massage techniques and terms and types of body massage	<ul style="list-style-type: none"> - Define the concept of massage/touchtherapy. - Explain the various massage techniques - Explain the term massage movements - Identify the types of body massage 	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria are carried out by looking at aspects: <ol style="list-style-type: none"> 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6.Student Final Grade: 7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10. 	Demonstration group discussion, reflection 3 X 50		0%
6	Students are able to understand the requirements to become a therapist and client	<ul style="list-style-type: none"> - Explain the requirements to become a therapist - Explain the requirements to become a client 	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria are carried out by looking at aspects: <ol style="list-style-type: none"> 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6.Student Final Grade: 7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10. 	Lecture, Group discussion, reflection 3 X 50		0%

7	Students are able to perform Body Massage Movements	- Make preparations before the massage including preparing the work area, personal and client - Identify cosmetics, tools and linens for body massage - Demonstrate and practice body massage movements	Criteria: 1.The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6.Student Final Grade: 7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	3 X 50 demonstration and practice			0%
8	UTS			2 X 50			0%
9	Students are able to understand the knowledge of caring for breasts.	- Describe the meaning of breasts. - Explain the structure of the breast - Identify the stages of breast development - Explain the goals of breast care	Criteria: 1.The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6.Student Final Grade: 7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Reflection group discussion 3 X 50			0%

10	Students are able to perform breast care	- Explain work preparations before carrying out breast care. - Describe how to diagnose breast conditions. - Demonstrate breast care steps. .	Criteria: 1.The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6.Student Final Grade: 7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	3 X 50 demonstration and practice			0%
11	Students have the knowledge and skills to perform hand treatments (hand spa).	- Explain the meaning of hand spa hand treatment - Explain the purpose of carrying out hand spa treatment - Analyze the skin and nails of hands - Explain the preparation of tools and materials used to carry out hand spa hand treatment - Explain the steps for hand spa hand care - Carry out hand spa treatment	Criteria: 1.The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6.Student Final Grade: 7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Lectures, group discussions, demonstrations, reflections and exercises as well as 3 X 50 assignments			0%

12	Students are able to understand foot spa knowledge and skills	- Explain the meaning of foot spa. - Explain the purpose of a foot spa. - Diagnosing the feet. - Explain the preparation of tools and materials for a foot spa. - Explain the steps for a foot spa. - Demonstrate foot spa treatments.	Criteria: 1. The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6. Student Final Grade: 7. Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Group discussions, demonstrations, reflections and 3 X 50 exercises			0%
13	Students are able to understand knowledge about waxing.	- Explain the meaning of waxing - Explain the purpose and benefits of waxing. - Explain the preparation of tools and materials for waxing - Explain the steps for waxing.	Criteria: 1. The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6. Student Final Grade: 7. Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Group discussion and reflection 3 X 50			0%

14	Students are able to understand and be able to create nail art and nail extensions.	- Explain the meaning of nail art - Explain the meaning of nail extensions - Explain the preparation of tools and materials needed for nail art and nail extensions. - Explain the basic techniques of nail extensions. - Explains tips for making nail extensions. - Explains various nail art and nail extension techniques and creations. - Demonstrate one of the nail art and nail extension creations	Criteria: 1.The assessment criteria are carried out by looking at aspects: 2.1. Participation: carried out by observing student activities (weight 2) 3.2. UTS: carried out with an assessment during the middle of the semester (weight 2) 4.3. UAS: carried out every semester to measure all indicators (weight 3) 5.4. Task: carried out on each indicator (weight 3) 6.Student Final Grade: 7.Participation Score (2) x Assignment Score (3) x UTS Score (2) x UAS Score (3) divided by 10.	Demonstration group discussion, reflection and 3 X 50 exercises			0%
15							0%
16							0%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.