



**Universitas Negeri Surabaya
Faculty of Sports and Health Sciences,
Undergraduate Nutrition Study Program**

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date																																
Community Nutrition Internship	1321104071		T=0	P=0	ECTS=0	8	July 18, 2024																																
AUTHORIZATION	SP Developer		Course Cluster Coordinator			Study Program Coordinator																																	
			Amalia Ruhana, S.P., M.P.H.																																	
Learning model	Project Based Learning																																						
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																						
	Program Objectives (PO)																																						
	PLO-PO Matrix																																						
		P.O																																					
Short Course Description	Implementation of knowledge in the field of Community Nutrition which is a supervised activity into a real setting in the community, starting with a survey for baseline data, analysis, program planning, intervention and monitoring and evaluation of these activities																																						
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td rowspan="2" style="width: 10%; text-align: center;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td style="width: 5%; text-align: center;">1</td> <td style="width: 5%; text-align: center;">2</td> <td style="width: 5%; text-align: center;">3</td> <td style="width: 5%; text-align: center;">4</td> <td style="width: 5%; text-align: center;">5</td> <td style="width: 5%; text-align: center;">6</td> <td style="width: 5%; text-align: center;">7</td> <td style="width: 5%; text-align: center;">8</td> <td style="width: 5%; text-align: center;">9</td> <td style="width: 5%; text-align: center;">10</td> <td style="width: 5%; text-align: center;">11</td> <td style="width: 5%; text-align: center;">12</td> <td style="width: 5%; text-align: center;">13</td> <td style="width: 5%; text-align: center;">14</td> <td style="width: 5%; text-align: center;">15</td> <td style="width: 5%; text-align: center;">16</td> </tr> </table>							P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
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References	Main :																																						
	<ol style="list-style-type: none"> 1. Arisman. MB. 2009. Gizi dalam Daur Kehidupan edisi 2. EGC. Jakarta 3. Gibson, RS. 2005. Principles of Nutritional Assessment 2ndEdition. Oxford University Press 4. SharlinJ. , Edelstein S. 2015. Gizi dalam Daur Kehidupan. EGC. Jakarta 5. Suhardjo. 2002. Perencanaan Pangan dan Gizi. Bumi Aksara. Jakarta 																																						
	Supporters:																																						
Supporting lecturer	Dra. Hj. Siti Sulandjari, M.Si.																																						
	Dra. Rahayu Dewi Soeyono, M.Si. Choirul Anna Nur Afifah, S.Pd., M.Si.																																						
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																

1	Students are able to understand the principles of community nutrition internships	Explain the concept of a community nutrition internship. Explain the purpose of a community nutrition internship. Explain the stages of a community nutrition internship		Online lectures and questions and answers using the 4 X 50 zoom application			0%
2	Able to understand nutritional problems in society	Explaining nutritional problems in the community. Explaining programs that are running to overcome community nutrition problems. Explaining community nutrition intervention methods. Explaining the mechanism of community nutrition internships.		Lectures, discussions and questions and answers 4 X 50			0%
3	Able to understand nutritional problems in society	Explaining nutritional problems in the community. Explaining programs that are running to overcome community nutrition problems. Explaining community nutrition intervention methods. Explaining the mechanism of community nutrition internships.		Lectures, discussions and questions and answers 4 X 50			0%
4	Able to plan nutrition intervention/education activities based on target characteristics	Identify target characteristics through observation Identify nutritional problems in targets Plan nutrition intervention/education activities on targets which are translated into proposals		Project based learning 4 X 50			0%
5	Able to plan nutrition intervention/education activities based on target characteristics	Identify target characteristics through observation Identify nutritional problems in targets Plan nutrition intervention/education activities on targets which are translated into proposals		Project based learning 4 X 50			0%
6	Able to prepare nutritional education media according to target characteristics	Designing nutrition education media based on target characteristics. Creating nutrition education media		Project based learning 4 X 50			0%
7	Able to prepare nutritional education media according to target characteristics	Designing nutrition education media based on target characteristics. Creating nutrition education media		Project based learning 4 X 50			0%
8				4 X 50			0%
9	Able to prepare community nutrition internship instruments	Identify instruments based on planned intervention activities Design community nutrition internship instruments (RPP, evaluation sheets, etc.) Prepare community nutrition internship instruments Test the instruments that have been developed		Project based learning 4 X 50			0%
10	Able to prepare community nutrition internship instruments	Identify instruments based on planned intervention activities Design community nutrition internship instruments (RPP, evaluation sheets, etc.) Prepare community nutrition internship instruments Test the instruments that have been developed		Project based learning 4 X 50			0%

11	Able to implement nutritional interventions/education in target groups	Preparing nutrition education activities for targets. Providing nutrition education to target groups. Carrying out final evaluation of activities		Project based learning 4 X 50			0%
12	Able to implement nutritional interventions/education in target groups	Preparing nutrition education activities for targets. Providing nutrition education to target groups. Carrying out final evaluation of activities		Project based learning 4 X 50			0%
13	Able to prepare community nutrition internship reports	Process data on the results of nutrition intervention/education activities Analyze data on nutrition intervention/education activities Prepare reports on nutrition intervention/education activities		Project based learning 4 X 50			0%
14	Able to present the results of community nutrition internship activities	Present/present the internship report. Answer questions and defend the contents of the report		Questions and answers 4 X 50			0%
15				4 X 50			0%
16				4 X 50			0%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
		0%

Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.

