

		Universitas Negeri Surabaya Faculty of Sports and Health Sciences, Undergraduate Nutrition Study Program					Document Code																																		
SEMESTER LEARNING PLAN																																									
Courses		CODE	Course Family		Credit Weight		SEMESTER	Compilation Date																																	
Dissemination		1321103087	Compulsory Study Program Subjects		T=3	P=0	ECTS=4.77	7 July 17, 2024																																	
AUTHORIZATION		SP Developer		Course Cluster Coordinator		Study Program Coordinator																																			
			Amalia Ruhana, S.P., M.P.H.																																			
Learning model	Project Based Learning																																								
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																								
	PLO-8	Able to master the scientific basis of nutrition, food, biomedicine, humanities and public health sciences.																																							
	PLO-11	Able to solve problems in the field of nutrition by applying scientific thinking concepts and cutting-edge approaches through research, scientific literacy and publications.																																							
	Program Objectives (PO)																																								
	PLO-PO Matrix																																								
		<table border="1" style="width: 100%; text-align: center;"> <tr> <td style="width: 20%;">P.O</td> <td style="width: 20%;">PLO-8</td> <td style="width: 20%;">PLO-11</td> <td colspan="5"></td> </tr> </table>								P.O	PLO-8	PLO-11																													
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PO Matrix at the end of each learning stage (Sub-PO)																																									
	<table border="1" style="width: 100%; text-align: center;"> <tr> <td rowspan="2" style="width: 5%;">P.O</td> <td colspan="16" style="width: 95%;">Week</td> </tr> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> </table>								P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
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Short Course Description	<p>This course discusses a series of various activities in the two-way communication process that instill and improve understanding, perception, attitude and behavior to help clients/patients identify, recognize and overcome nutritional problems experienced with various approaches that are adapted to the characteristics of nutritional service aspects. promotive, preventive, curative and rehabilitative. The topic in this lecture is, understanding the concept of counseling, approaches and methods used to explore problems, causes and alternative solutions to nutritional problems between clients and counselors. Learning activities are carried out through lectures, discussions and practical learning experiences by discussing components, types of services and media, principles, techniques and processes of nutritional consultation; psychosocial nutritional behavior and techniques for motivating clients in particular and society in general</p>																																								
References	Main :																																								
	1. Nurkholis, Muhamad Sholeh, Moch. Nur Ziadatul Hasanah, Jacky. M.. 2022. Panduan Kuliah Kerja Nyata (KKN) Tematik Merdeka Belajar Kampus Merdeka. CV. Talenta Pena Publishing.																																								
	Supporters:																																								
1. Buku Panduan Merdeka Belajar Kampus Merdeka 2020. Direktorat Jenderal Pendidikan Tinggi Kementerian Pendidikan dan Kebudayaan. Kementerian Pendidikan, Kebudayaan, Riset, dan Teknologi.																																									
Supporting lecturer	Dra. Rahayu Dewi Soeyono, M.Si.																																								
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																		
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																				

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1		Planning a schedule (according to program content in the field)	Criteria: Able to make a schedule (according to program content in the field) Form of Assessment : Participatory Activities, Project Results Assessment / Product Assessment	Draft preparation of publication materials for humanitarian project program activities	Online 90 minutes		15%
2		Planning a schedule (according to program content in the field)	Criteria: Able to make a schedule (according to program content in the field) Form of Assessment : Participatory Activities, Project Results Assessment / Product Assessment	Draft preparation of publication materials for humanitarian project program activities	Online 90 minutes		15%
3	Able to search for publication materials for humanitarian project program activities	100	Criteria: Assessment of discussion of program design presentations Form of Assessment : Participatory Activities, Project Results Assessment / Product Assessment	Offline	Presentation		0%
4				Offline			0%
5							0%
6							0%
7							0%
8							0%
9							0%
10							0%
11							0%
12							0%
13							0%
14							0%
15							0%
16							0%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
1.	Participatory Activities	15%
2.	Project Results Assessment / Product Assessment	15%

Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.