



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences,
Bachelor of Physical Education, Health & Recreation Study
Program

Document
Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date																																																		
Basic Basketball Skills	8520102066	Compulsory Study Program Subjects	T=2	P=0	ECTS=3.18	3	June 6, 2022																																																		
AUTHORIZATION	SP Developer		Course Cluster Coordinator			Study Program Coordinator																																																			
	Muchamad Arif Al Ardha, S.Pd., M.Ed., Ph.D.		Dr. Setiyo Hartoto. M.Kes			Dr. Mochamad Ridwan, S.Pd., M.Pd.																																																			
Learning model	Case Studies																																																								
Program Learning Outcomes (PLO)	PLO study program which is charged to the course																																																								
	Program Objectives (PO)																																																								
	PO - 1	Able to teach basic movements and techniques of basketball game rules and explain game rules (violations)																																																							
	PLO-PO Matrix																																																								
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="text-align: center;">P.O</td> <td colspan="6"></td> </tr> <tr> <td style="text-align: center;">PO-1</td> <td colspan="6"></td> </tr> </table>						P.O							PO-1																																										
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PO Matrix at the end of each learning stage (Sub-PO)																																																									
	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td rowspan="2" style="text-align: center;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> <td style="text-align: center;">6</td> <td style="text-align: center;">7</td> <td style="text-align: center;">8</td> <td style="text-align: center;">9</td> <td style="text-align: center;">10</td> <td style="text-align: center;">11</td> <td style="text-align: center;">12</td> <td style="text-align: center;">13</td> <td style="text-align: center;">14</td> <td style="text-align: center;">15</td> <td style="text-align: center;">16</td> </tr> <tr> <td style="text-align: center;">PO-1</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>						P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																	
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PO-1																																																									
Short Course Description	This course discusses the theory and practice of movement, basic basketball playing techniques and basketball game rules																																																								
References	Main :																																																								
	<ol style="list-style-type: none"> 1. Brittenham, Greg. 1996. Complete Conditioning for Basketball . Human Kinetics Publishers, Inc. 2. Buceta, Jose Maria. Mondoni, Maurizio. Avakumovic, Aleksandar. Killik, Laszlo. Basketball for Young Players. Madrid: Fiba. 3. Donovan, Mick. 2010. 101 Youth Basketball drills . Published by A & C Black Publishers Ltd 36 Soho Square London W1D 3QY www.acblack.com 4. FIBA. 2014. Official Basketball Rules 2014. Barcelona: FIBA Central Board. FIBA. 5. 2005. Mini-Basketball Rules. Geneva : Published FIBA. 6. Hartyani, Zsolt. 2004. Basketball for Everyone . Geneva : Published FIBA 7. Kosasih, Danny. 2008. Fundamental Basketball A First Step To Success. Semarang: Karang Turi Media. 																																																								
	Supporters:																																																								
Supporting lecturer	Prof. Dr. Drs. Abdul Rachman Syam Tuasikal, M.Pd. Drs. Sudarso, M.Pd. Dr. Dwi Cahyo Kartiko, S.Pd., M.Kes. Muchamad Arif Al Ardha, S.Pd., M.Ed., Ph.D.																																																								
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																																		
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																																				

(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Able to explain and demonstrate movements, ball passing techniques	- Explain the basic movements of passing the ball - Identify the advantages and disadvantages of passing	Criteria: Full marks are obtained if you complete all movement tasks correctly. Form of Assessment : Project Results Assessment / Product Assessment, Test	- Listen to the lecturer's explanation about one-handed passing in basketball - Practice the basic movements of passing with one hand. 2 X 50		Material: Introduction to Basketball Reference: <i>Brittenham, Greg. 1996. Complete Conditioning for Basketball. Human Kinetics Publishers, Inc.</i> Material: Passing Bibliography: <i>Buceta, Jose Maria. Mondoni, Maurizio. Avakumovic, Aleksandar. Killik, Laszlo. Basketball for Young Players. Madrid: Fiba.</i>	2%
2	Able to explain and demonstrate movements, ball passing techniques	- Explain the basic movements of passing with two hands - Identify the advantages and disadvantages of passing with two hands	Criteria: Full marks are obtained if you complete all assignments correctly. Form of Assessment : Assessment of Project Results / Product Assessment, Practices / Performance	- Listen to the lecturer's explanation about two-handed passing in the game of basketball - Practice basic two-handed passing movements. 2 X 50		Material: Basic Pasing Techniques Reference: <i>Brittenham, Greg. 1996. Complete Conditioning for Basketball. Human Kinetics Publishers, Inc.</i>	10%
3	Able to explain and demonstrate movements, dribble techniques	- Explain the meaning of movement, ball dribble technique - Identify the advantages and disadvantages of movement, dribble technique	Criteria: Full marks are obtained if you complete all assignments correctly. Form of Assessment : Participatory Activities, Project Results Assessment / Product Assessment	- Listen to the lecturer's explanation about movements, basic low dribble techniques - Practice basic low dribble movements 2 X 50		Material: Basic Drible Techniques Reference: <i>Donovan, Mick. 2010. 101 Youth Basketball drills . Published by A & C Black Publishers Ltd 36 Soho Square London W1D 3QY www.acblack.com</i>	5%
4	Able to explain and demonstrate movements, dribble techniques	- Explain the meaning of movement, dribble technique - Identify the advantages and disadvantages of movement, dribble technique	Criteria: Full marks are obtained if you complete all assignments correctly. Form of Assessment : Participatory Activities, Project Results Assessment / Product Assessment	- Listen to the lecturer's explanation about movement, 2 X 50 high dribble technique		Material: Basic Drible Techniques References: <i>Hartyani, Zsolt. 2004. Basketball for Everyone. Geneva : Published FIBA</i>	10%
5	Able to explain and demonstrate movements, hand off techniques	- Explain the meaning of movements, hand-off techniques - Identify the advantages and disadvantages of movements, hand-off techniques	Criteria: Full marks are obtained if you complete all assignments correctly. Form of Assessment : Project Results Assessment / Product Assessment, Portfolio Assessment	- Listen to the lecturer's explanation about movements, hand off techniques - Practice movements, hand off techniques 2 X 50		Material: Hands off Reader: <i>Kosasih, Danny. 2008. Basketball Fundamentals A First Step To Success. Semarang: Karang Turi Media.</i>	5%

6	Able to explain and demonstrate movement patterns, pivot techniques	- Explain the meaning of pivot - Identify the advantages and disadvantages of pivot	<p>Criteria: Full marks are obtained if you complete all assignments correctly.</p> <p>Form of Assessment : Assessment of Project Results / Product Assessment, Practices / Performance</p>	- Listen to the lecturer's explanation about pivots - Practice basic movements and 2 X 50 pivot techniques		<p>Material: Pivot Bibliography: <i>Brittenham, Greg. 1996. Complete Conditioning for Basketball. Human Kinetics Publishers, Inc.</i></p>	5%
7	Able to explain and demonstrate movement patterns, fake movement techniques	Able to explain and demonstrate movement patterns, fake movement techniques	<p>Criteria: Full marks are obtained if you complete all assignments correctly.</p> <p>Form of Assessment : Project Results Assessment / Product Assessment</p>	- Listen to the lecturer's explanation about fake - Practice the basic movements and techniques of fake 2 X 50		<p>Material: Fake Movement Reference: <i>Buceta, Jose Maria. Mondoni, Maurizio. Avakumovic, Aleksandar. Killik, Laszlo. Basketball for Young Players. Madrid: Fiba.</i></p>	5%
8	Able to explain and demonstrate movements, ball passing techniques, dribbles, hand offs, pivots and fakes	- Able to explain various types of passing - Able to explain various types of dribble - Able to explain pivots and fake movements	<p>Criteria: Full marks are obtained if students have implemented a playing approach using passing, dribble, pivot and fake</p> <p>Forms of Assessment : Project Results Assessment / Product Assessment, Practical Assessment, Tests</p>	2 X 50 Exam		<p>Material: Passing Dribble, Pivot, and Fake Movements Reference: <i>Brittenham, Greg. 1996. Complete Conditioning for Basketball. Human Kinetics Publishers, Inc.</i></p>	15%
9	Able to explain and demonstrate movement patterns, one- and two-handed set shooting techniques	- Explain the meaning of the basic movement patterns of one and two-handed shooting sets - Identify the basic movement patterns of one- and two-handed shooting sets	<p>Criteria: Full marks are obtained if you complete all assignments correctly.</p> <p>Form of Assessment : Project Results Assessment / Product Assessment</p>	Listen to an explanation about set shoots. Demonstrate set shoots with one and two hands 2 X 50		<p>Material: Set Shot Reader: <i>Donovan, Mick. 2010. 101 Youth Basketball drills . Published by A & C Black Publishers Ltd 36 Soho Square London W1D 3QY www.acblack.com</i></p>	5%
10	Able to explain and demonstrate movement patterns, one- and two-handed set shooting techniques	- Explain the meaning of the basic movement patterns of one and two-handed shooting sets - Identify the basic movement patterns of one- and two-handed shooting sets	<p>Criteria: Full marks are obtained if you complete all assignments correctly.</p> <p>Form of Assessment : Project Results Assessment / Product Assessment</p>	Listen to an explanation about set shoots. Demonstrate set shoots with one and two hands 2 X 50		<p>Material: One handed Set Shot Reader: <i>Buceta, Jose Maria. Mondoni, Maurizio. Avakumovic, Aleksandar. Killik, Laszlo. Basketball for Young Players. Madrid: Fiba.</i></p>	3%
11	Able to explain and demonstrate a combination of basic passing and dribble movements	- Explain the meaning of the combination of basic movements of passing and dribble - Identify the combination of basic movements of passing and dribble	<p>Criteria: Full marks are obtained if you complete all assignments correctly.</p> <p>Form of Assessment : Project Results Assessment / Product Assessment</p>	Listen to an explanation about the combination of passing and dribble movements Demonstrate the combination of basic passing and dribble movements 2 X 50		<p>Material: Dribble and Pass Drill Reference: <i>Brittenham, Greg. 1996. Complete Conditioning for Basketball. Human Kinetics Publishers, Inc.</i></p>	2%

12	Able to explain and demonstrate a combination of basic passing, dribble and pivot movements	Explain and demonstrate the basic movement combinations of passing, dribble, and pivot	Criteria: Full marks are obtained if you complete all assignments correctly. Form of Assessment : Project Results Assessment / Product Assessment	Listen to an explanation about passing, dribble, and pivot Demonstrate a combination of basic movements of passing, dribble, and pivot 2 X 50		Material: Dribble Passing and Shooting Reference: <i>Brittenham, Greg. 1996. Complete Conditioning for Basketball. Human Kinetics Publishers, Inc.</i>	5%
13	Able to explain and demonstrate the basic movement combinations of passing, dribble, pivot and hand off	- Explain the basic movement combinations of passing, dribble, pivot, and hand off - Perform the basic movement combination of passing, dribble, pivot, and hand off	Criteria: Full marks are obtained if you complete all assignments correctly. Form of Assessment : Project Results Assessment / Product Assessment	Listen to an explanation about passing, dribble, pivot and hand off Demonstrate a combination of basic movements of passing, dribble, pivot and hand off 2 X 50		Material: Combination Movements Reference: <i>Buceta, Jose Maria. Mondoni, Maurizio. Avakumovic, Aleksandar. Killik, Laszlo. Basketball for Young Players. Madrid: Fiba.</i>	5%
14	Able to explain and demonstrate basic movement combinations of passing, dribble, lay up shoot	- Explain the basic movement combination of passing, dribble, lay up shoot - Perform the basic movement combination of passing, dribble, lay up shoot	Criteria: Full marks are obtained if you complete all assignments correctly. Form of Assessment : Project Results Assessment / Product Assessment	Listen to an explanation about the combination of passing, dribble, lay up shoot. Demonstrate the basic combination of passing, dribble, lay up shoot 2 X 50		Material: basketball movement material Library: 2005. <i>Mini-Basketball Rules. Geneva : Published FIBA.</i>	5%
15	Able to explain and demonstrate combinations of passing movements, layup shoots in pairs ranging from 2, 3, 4 to 5 players.	- Explains player movements from pair patterns of 2, 3, 4 to 5 players. - Perform a combination of basic passing movements, layup shoots in pairs from 2,3,4 to 5 players	Criteria: Full marks are obtained if you complete all assignments correctly. Form of Assessment : Test	Listen to an explanation about combinations of passing movements, layup shoots in pairs from 2,3,4 to 5 players Demonstrate basic combinations of passing movements, layup shoots in pairs from 2,3,4 to 5 players 2 X 50		Material: Game Simulation Reader: <i>Buceta, Jose Maria. Mondoni, Maurizio. Avakumovic, Aleksandar. Killik, Laszlo. Basketball for Young Players. Madrid: Fiba.</i>	5%
16	Able to explain and demonstrate movement patterns, lay up shoot techniques, set shoots, passing combinations, dribbles,	- Identify types of shooting - Identify combinations of variations in shooting movements. Able to carry out all the basic technical movements of the game of basketball	Criteria: Full marks are obtained if you complete all assignments correctly. Form of Assessment : Project Results Assessment / Product Assessment	2 X 50 Exam		Material: simulation game Bibliography: <i>Brittenham, Greg. 1996. Complete Conditioning for Basketball. Human Kinetics Publishers, Inc.</i>	13%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
1.	Participatory Activities	7.5%
2.	Project Results Assessment / Product Assessment	66.5%
3.	Portfolio Assessment	2.5%
4.	Practical Assessment	5%
5.	Practice / Performance	7.5%
6.	Test	11%

Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.