



**Universitas Negeri Surabaya**  
**Faculty of Sports and Health Sciences,**  
**Physical Education, Health & Recreation Undergraduate Study**  
**Program**

Document Code

**SEMESTER LEARNING PLAN**

<b>Courses</b>	<b>CODE</b>	<b>Course Family</b>	<b>Credit Weight</b>	<b>SEMESTER</b>	<b>Compilation Date</b>																																																																																																																						
Petanque	8520102232	Compulsory Study Program Subjects	T=2 P=0 ECTS=3.18	3	May 22, 2023																																																																																																																						
<b>AUTHORIZATION</b>		<b>SP Developer</b>	<b>Course Cluster Coordinator</b>	<b>Study Program Coordinator</b>																																																																																																																							
		.....	Dr. Setiyo Hartoto, M.Kes.	Dr. Mochamad Ridwan, S.Pd., M.Pd.																																																																																																																							
<b>Learning model</b>	Case Studies																																																																																																																										
<b>Program Learning Outcomes (PLO)</b>	<b>PLO study program that is charged to the course</b>																																																																																																																										
	<b>Program Objectives (PO)</b>																																																																																																																										
	<b>PO - 1</b>	Responsible for mastering the basic skills of playing petanque.																																																																																																																									
	<b>PO - 2</b>	Able to develop mental training in petanque sports.																																																																																																																									
	<b>PO - 3</b>	Understand the rules of the game, refereeing and infrastructure in the sport of Petanque.																																																																																																																									
	<b>PO - 4</b>	Able to develop playing strategies in petanque sports																																																																																																																									
	<b>PO - 5</b>	Able to develop pointing and shooting training methods in the sport of Petanque																																																																																																																									
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<b>Short Course Description</b>	This course discusses the development of basic technical, physical, tactical and strategic and mental training methods in the sport of petanque.																																																																																																																										
<b>References</b>	<b>Main :</b>																																																																																																																										
		<ol style="list-style-type: none"> <li>1. PB FOPI. 2013. Teknik Bermain Olahraga Petanque. Jakarta.</li> <li>2. Gart Freeman. 1987. Petanque: French Game of Boules. Franc.</li> <li>3. Putman, B.W. 2011. Pétanque: The Greatest Game You Never Heard Of: Beyond Bocce, The Elegant &amp; Intelligent French Game of Boules. CreateSpace Independent Publishing Platform.</li> <li>4. Ismail Benabad, A.S. 2017. Materi Pelatihan Arbitre Cabang Olahraga Petanque. Jakarta. Diadob dari Federation Internationale de Petanque et Jue Provençal (FIPJP).</li> </ol>																																																																																																																									
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<b>Supporting lecturer</b>	Prof. Dr. Nurhasan, M.Kes. Kolektus Oky Ristanto, S.Pd., M.Pd.																																																																																																																										

Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [ Estimated time]		Learning materials [ References ]	Assessment Weight (%)
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )		
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)
1	Understand the development of the petanque sport game	<ol style="list-style-type: none"> <li>1. Know the history of the sport of petanque</li> <li>2. Understand the philosophy of the sport of petanque</li> <li>3. Explain the basic techniques of petanque</li> <li>4. Understand the stages of teaching and training the sport of petanque</li> </ol>	<p><b>Criteria:</b> liveliness</p> <p><b>Form of Assessment :</b> Project Results Assessment / Product Assessment</p>	Lectures and discussions 2 X 50		<p><b>Material:</b> development of the sport game petanque <b>Reader:</b> <i>Gart Freeman. 1987. Petanque: French Game of Boules. Franc.</i></p>	5%
2	Know and understand the development of the petanque sport game and its facilities and infrastructure.	<ol style="list-style-type: none"> <li>1. Explain the meaning of petanque</li> <li>2. Explain the basic techniques of petanque</li> <li>3. Understand the stages of training the sport of petanque</li> <li>4. Understanding the factors that support petanque sports performance.</li> </ol>	<p><b>Criteria:</b> Understand and practice basic petanque techniques</p> <p><b>Form of Assessment :</b> Project Results Assessment / Product Assessment</p>	Lectures and discussions 2 X 50		<p><b>Material:</b> development of the petanque sport game and its facilities and infrastructure. <b>Bibliography:</b> <i>Putman, BW 2011. Pétanque: The Greatest Game You Never Heard Of: Beyond Bocce, The Elegant &amp; Intelligent French Game of Boules. CreateSpace Independent Publishing Platform.</i></p>	5%
3	Mastering the development of pointing training methods	<ol style="list-style-type: none"> <li>1. Able to develop pointing rolling, half and high loop exercises</li> <li>2. Develop pointing high loop exercises with a distance of 7 to 10 m</li> </ol>	<p><b>Criteria:</b> Range 0-100</p> <p><b>Form of Assessment :</b> Participatory Activities</p>	Hands-on practice 2 X 50 discussion		<p><b>Material:</b> development of pointing training methods. <b>Reference:</b> <i>PB FOPI. 2013. Techniques for Playing Petanque Sports. Jakarta.</i></p>	5%

4	Mastering the development of pointing training methods with additional media	<ol style="list-style-type: none"> <li>1. Able to develop pointing rolling exercises for a distance of 4 to 5 m</li> <li>2. Able to develop pointing rolling exercises for a distance of 6 to 7 m</li> <li>3. Able to develop pointing rolling exercises for a distance of 8 to 9 m</li> <li>4. Able to develop pointing half loop exercises with a distance of 6 to 7 m</li> <li>5. Able to develop pointing half loop exercises with a distance of 7 to 10m</li> <li>6. Able to develop pointing half loop exercises with a distance of 10 to 12m</li> <li>7. Able to develop pointing high loop exercises with a distance of 6 to 7m</li> <li>8. Able to develop pointing high loop exercises with a distance of 7 to 10 m</li> <li>9. Able to develop pointing high loop exercises with a distance of 10 to 12m</li> </ol>	<p><b>Criteria:</b> From 0 – 100</p> <p><b>Form of Assessment :</b> Project Results Assessment / Product Assessment, Portfolio Assessment</p>	Direct practice and discussion of 2 X 50		<p><b>Material:</b> development of pointing training methods with additional media. <b>Reference:</b> Gart Freeman. 1987. <i>Pétanque: French Game of Boules. Franc.</i></p>	5%
5	Mastering the method of developing basic shooting technique training	<ol style="list-style-type: none"> <li>1. Able to develop short distance shooting training methods (6 to 7m)</li> <li>2. Able to develop short distance shooting training methods (8 to 9m)</li> </ol>	<p><b>Criteria:</b> -</p> <p><b>Form of Assessment :</b> Project Results Assessment / Product Assessment</p>	Direct practice and discussion of 2 X 50		<p><b>Material:</b> development of pointing training methods with additional media. <b>Reference:</b> Gart Freeman. 1987. <i>Pétanque: French Game of Boules. Franc.</i></p>	10%
6	Mastering methods for developing shooting technique training with additional media	<ol style="list-style-type: none"> <li>1. Able to develop shooting practice methods at a distance of 6-7 m</li> <li>2. Able to develop shooting practice methods for distance 8-9</li> </ol>	<p><b>Criteria:</b> Range 0-100</p> <p><b>Form of Assessment :</b> Project Results Assessment / Product Assessment</p>	Direct practice 2 X 50		<p><b>Material:</b> methods for developing shooting technique training with additional media. <b>Reference:</b> Putman, BW 2011. <i>Pétanque: The Greatest Game You Never Heard Of: Beyond Bocce, The Elegant &amp; Intelligent French Game of Boules. CreateSpace Independent Publishing Platform.</i></p>	5%

7	Master tactical training in pointing	Able to develop pointing tactics exercises	<b>Criteria:</b> -  <b>Form of Assessment :</b> Project Results Assessment / Product Assessment	Direct practice and discussion of 2 X 50		<b>Material:</b> tactics in pointing <b>Reader:</b> Gart Freeman. 1987. <i>Petanque: French Game of Boules. Franc.</i>	5%
8	Mastering tactical training in shooting	Able to develop shooting tactics exercises	<b>Criteria:</b> Range 0-100  <b>Forms of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment, Portfolio Assessment	Direct practice and discussion of 2 X 50		<b>Material:</b> Tactics in shooting <b>Reader:</b> Gart Freeman. 1987. <i>Petanque: French Game of Boules. Franc.</i>	5%
9	Midterm exam	History of petanque 2. Development of the sport of petanque 3. Basic techniques of pointing 4. Basic techniques of shooting 5. Development of pointing and shooting exercises 6. Development of playing tactics in the sport of petanque 7. Facilities and infrastructure	<b>Criteria:</b> Range 0-100  <b>Forms of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment, Tests	Written test, multiple choice, and essay 2 X 50		<b>Material:</b> methods for developing shooting technique training with additional media. <b>Reference:</b> PB FOPI. 2013. <i>Techniques for Playing Petanque Sports. Jakarta.</i>	10%
10	Know and understand shooting game numbers in the sport of petanque	1. Know the procedures for playing shooting games in the sport of petanque 2. Understand how to judge in a petanque number shooting game	<b>Criteria:</b> liveliness  <b>Forms of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment, Tests	Direct practice 2 X 50		<b>Material:</b> understanding shooting game numbers in the sport of petanque. <b>Reference:</b> PB FOPI. 2013. <i>Techniques for Playing Petanque Sports. Jakarta.</i>	10%
11	Mastering the method of developing basic shooting technique training	1. Able to develop short-range shooting practice methods (6 to 7m) 2. Able to develop short-range shooting practice methods (8 to 9m)	<b>Criteria:</b> liveliness  <b>Forms of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment	Direct practice and discussion of 2 X 50		<b>Material:</b> method for developing basic shooting technique training. <b>Reference:</b> Putman, BW 2011. <i>Pétanque: The Greatest Game You Never Heard Of: Beyond Bocce, The Elegant &amp; Intelligent French Game of Boules. CreateSpace Independent Publishing Platform.</i>	5%
12	1. Know and understand the administration in petanque championships 2. Understand how to be an arbitrator in petanque championships 3. Understand and know how the control table works	1. Understand the procedures for holding a petanque championship 2. Understand the terms in the sport of petanque 3. Understand the rules of petanque and petanque refereeing	<b>Criteria:</b> Range 0-100  <b>Forms of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment	Lectures and direct practice 2 X 50		<b>Material:</b> Understanding how to be an arbitrageur in petanque championships <b>Reference:</b> PB FOPI. 2013. <i>Techniques for Playing Petanque Sports. Jakarta.</i>	5%
13	Know and understand the tactics of playing single and double numbers	Able to implement playing tactics in singles and doubles numbers in the sport of petanque	<b>Criteria:</b> liveliness  <b>Forms of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment, Portfolio Assessment	Direct practice 2 X 50		<b>Material:</b> understanding the tactics of playing singles and doubles. <b>Reference:</b> Putman, BW 2011. <i>Pétanque: The Greatest Game You Never Heard Of: Beyond Bocce, The Elegant &amp; Intelligent French Game of Boules. CreateSpace Independent Publishing Platform.</i>	5%

14	Know and understand the tactics of playing triple numbers and mental attitude in a match	Able to implement playing tactics in triple numbers and the mental attitude of petanque players	<b>Criteria:</b> liveliness  <b>Forms of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment	Direct practice 2 X 50		<b>Material:</b> understanding the tactics of playing triple numbers and mental attitude in a match <b>Reader:</b> <i>Gart Freeman. 1987. Petanque: French Game of Boules. Franc.</i>	5%
15	Know and understand match simulations	1. Organizing a mini tournament between friends 2. Able to practice referee duties 3. Able to practice control table duties 4. Able to practice match administration	<b>Criteria:</b> Range 0-100  <b>Forms of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment, Tests	Direct practice 2 X 50		<b>Material:</b> understanding match simulations <b>Reference:</b> <i>Ismail Benabad, AS 2017. Petanque Arbitrage Training Material. Jakarta. Diadob of the Federation Internationale de Petanque et Jue Provençal (FIPJP).</i>	10%
16	Final exams	Meeting material 10-15	<b>Criteria:</b> 0-100  <b>Forms of Assessment :</b> Participatory Activities, Project Results Assessment / Product Assessment	Written and oral exams 2 X 50		<b>Material:</b> understanding match simulations <b>Reader:</b> <a href="https://ejournal.undhari.ac.id/">https://ejournal.undhari.ac.id/...</a>	5%

#### Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
1.	Participatory Activities	28.33%
2.	Project Results Assessment / Product Assessment	55.83%
3.	Portfolio Assessment	5.84%
4.	Test	9.99%
		99.99%

#### Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.