

		Universitas Negeri Surabaya Faculty of Sports and Health Sciences, Physical Education, Health & Recreation Undergraduate Study Program					Document Code																																																												
SEMESTER LEARNING PLAN																																																																			
Courses		CODE	Course Family		Credit Weight		SEMESTER	Compilation Date																																																											
Court Tennis		8520102187			T=2	P=0	ECTS=3.18	3 May 20, 2023																																																											
AUTHORIZATION		SP Developer			Course Cluster Coordinator		Study Program Coordinator																																																												
				Dr.Setiyo Hartoto, M.Kes		Dr. Mochamad Ridwan, S.Pd., M.Pd.																																																												
Learning model	Case Studies																																																																		
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																																																		
	Program Objectives (PO)																																																																		
	PO - 1	Able to explain correctly the brief history of tennis in the world and Indonesia.																																																																	
	PLO-PO Matrix																																																																		
		<table border="1" style="margin-left: auto; margin-right: auto;"> <tr><td>P.O</td></tr> <tr><td>PO-1</td></tr> </table>		P.O	PO-1																																																														
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	PO Matrix at the end of each learning stage (Sub-PO)																																																																		
		<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th rowspan="2" style="width: 10%;">P.O</th> <th colspan="16" style="text-align: center;">Week</th> </tr> <tr> <th>1</th><th>2</th><th>3</th><th>4</th><th>5</th><th>6</th><th>7</th><th>8</th><th>9</th><th>10</th><th>11</th><th>12</th><th>13</th><th>14</th><th>15</th><th>16</th> </tr> </thead> <tbody> <tr> <td>PO-1</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>																P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	PO-1																
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	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																																																			
PO-1																																																																			
Short Course Description	This course will discuss the understanding and mastery of techniques, tactics, rules, and the teaching and learning process of tennis as well as the application of learning on the field																																																																		
References	Main :																																																																		
	<ol style="list-style-type: none"> 1. Kristiyandaru, A & Priambodo, A. 2009. <i>Tenis Lapangan (Aplikasi Teknik Dasar dan Pembelajarannya)</i> . Surabaya. Unesa University Press 2. Hoskins, Tina. 2003. <i>The Tennis Drill Book</i> . United State: Human Kinetics 3. ITF. 2001. <i>Coaching Manual</i> . Canada: Wiz Middleton. 4. Jim Brown. 2001. <i>Tenis Tingkat Pemula</i> . Jakarta: PT RajaGrafindo Persada. 5. PB PELTI, 1989. <i>Bahan Penataran Pelatih</i> . Jakarta: PB. PELTI. 6. Marwoto, 1981. <i>Menuju Tennis lapangan yang Sempurna</i>. Jakarta: Balai Pustaka. 																																																																		
	Supporters:																																																																		
	<ol style="list-style-type: none"> 1. https://journal.uny.ac.id/index.php/jorpres/article/view/6872 																																																																		
Supporting lecturer	Dr. Setiyo Hartoto, M.Kes. Dr. Sapto Wibowo, S.Pd., M.Pd. Dr. Anung Priambodo, S.Pd., M.Psi.T. Dr. Advendi Kristiyandaru, S.Pd., M.Pd.																																																																		
Week	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																																												
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																																														
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																																												

1	Get to know the sport of field tennis and the general characteristics of the sport of field tennis	Students can explain the characteristics of the sport of tennis	<p>Criteria:</p> <ol style="list-style-type: none"> 1. Activeness score uses a scale of 1 - 4: 2.1 = passive, just following the class, without questions or opinions 3.2 = quite active, listens, sometimes does exercises, asks questions and has opinions 4.3 = actively practicing, asking questions and giving opinions during lecture hours 5.4 = very active in practicing, asking questions and giving opinions, even outside lecture hours 6.4 <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment</p>	Lecture Question and Answer Doing Assignments Discussion 2 X 50		<p>Material: getting to know field tennis Reference: <i>Kristiyandaru, A & Priambodo, A. 2009. Field Tennis (Basic Technique Application and Learning). Surabaya. Unesa University Press</i></p>	5%
2	Understand the history of world and Indonesian tennis, basic concepts and infrastructure for tennis courts	Students can understand and explain the history and basic concepts of tennis courts. Students can understand various equipment/facilities and infrastructure for tennis courts and how to maintain them	<p>Criteria:</p> <ol style="list-style-type: none"> 1. The assessment score uses a scale of 1 - 4: 2.1 = the answer is not correct, seems to be just answering 3.2 = quite correct answer 4.3 = correct answer according to the textbook 5.4 = very correct answer 6.3 <p>Form of Assessment : Participatory Activities</p>	Lectures Questions and answers Practice 2 X 50		<p>Material: Understanding the history of world and Indonesian tennis, basic concepts and infrastructure for field tennis. Reference: <i>Kristiyandaru, A & Priambodo, A. 2009. Field Tennis (Application of Basic Techniques and Learning). Surabaya. Unesa University Press</i></p>	7%
3	Understand the history of world and Indonesian tensions, basic concepts and infrastructure for tennis courts	Students can understand and explain the history and basic concepts of tennis courts. Students can understand various equipment/facilities and infrastructure for tennis courts and how to maintain them	<p>Criteria:</p> <ol style="list-style-type: none"> 1. The assessment score uses a scale of 1 - 4: 2.1 = the answer is not correct, seems to be just answering 3.2 = quite correct answer 4.3 = correct answer according to the textbook 5.4 = very correct answer 6.4 <p>Form of Assessment : Participatory Activities</p>	Lectures Questions and answers Practice 2 X 50		<p>Material: Understanding the history of world and Indonesian tensions, basic concepts and infrastructure for tennis courts. Reference : <i>ITF. 2001. Coaching Manual. Canada: Wiz Middleton.</i></p>	8%

4	Know, understand and practice basic grip techniques, various strokes and stroke characteristics Know, understand and practice basic techniques and learning forehand and backhand groundstrokes	Students can perform basic grip techniques, strokes and stroke characteristics Students can perform basic forehand and backhand groundstroke techniques	Criteria: 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = moves very well and consistently. 6.4 Form of Assessment : Participatory Activities	Lecture Question and Answer Movement Task 2 X 50		Material: Knowing, understanding and practicing basic grip techniques, various strokes and stroke characteristics. Knowing, understanding and practicing basic techniques and learning forehand and backhand groundstrokes. Library: PB PELTI, 1989. Training materials for trainers. Jakarta: PB. PELTI.	6%
5	Know, understand and practice basic grip techniques, various strokes and stroke characteristics Know, understand and practice basic techniques and learning forehand and backhand groundstrokes	Students can perform basic grip techniques, strokes and stroke characteristics Students can perform basic forehand and backhand groundstroke techniques	Criteria: 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = moves very well and consistently. 6.3 Form of Assessment : Participatory Activities	Lecture Question and Answer Movement Task 2 X 50		Material: Knowing, understanding and practicing basic grip techniques, various strokes and stroke characteristics. Knowing, understanding and practicing basic techniques and learning forehand and backhand groundstrokes. Library: PB PELTI, 1989. Training materials for trainers. Jakarta: PB. PELTI.	8%
6	Knowing, understanding and practicing basic techniques and learning forehand and backhand volleyballUnderstanding and practicing combinations of forehand and backhand groundstrokes	Students can perform basic forehand and backhand volleyball techniques Students can perform combinations of forehand and backhand groundstrokes	Criteria: 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = moves very well and consistently. 6.4 Form of Assessment : Participatory Activities	Lecture Question and Answer Movement Task 2 X 50		Material: Knowing, understanding and practicing basic grip techniques, various strokes and stroke characteristics. Knowing, understanding and practicing basic techniques and learning groundstrokes forehand and backhand Library: ITF. 2001. Coaching Manual. Canada: Wiz Middleton.	3%

7	Knowing, understanding and practicing basic techniques and learning forehand and backhand volleyballUnderstanding and practicing combinations of forehand and backhand groundstrokes	Students can perform basic forehand and backhand volleyball techniques Students can perform combinations of forehand and backhand groundstrokes	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = moves very well and consistently. 6.4 <p>Form of Assessment : Participatory Activities</p>	Lecture Question and Answer Movement Task 2 X 50		<p>Material: Knowing, understanding and practicing basic grip techniques, various strokes and stroke characteristics. Knowing, understanding and practicing basic techniques and learning forehand and backhand groundstrokes. Library: <i>PB PELTI, 1989. Training materials for trainers. Jakarta: PB. PELTI.</i></p>	8%
8	Students can do well in mid-term exams.	Explaining the benefits of having tennis playing skills. Carrying out mid-semester exams, namely: groundstroke, forehnad, backhand, combination and volley.	<p>Criteria:</p> <p>Full marks are obtained if you can do wall bounce tennis with more than 20 repetitions for 30 seconds</p> <p>Form of Assessment : Project Results Assessment / Product Assessment</p>	Practice 2 X 50		<p>Material: Students can do well in the mid-semester exam. Reader: <i>Jim Brown. 2001. Beginner Level Tennis. Jakarta: PT RajaGrafindo Persada.</i></p>	8%
9	Knowing, understanding and practicing basic techniques and learning lob forehand, backhand and half volley	Students can perform basic forehand, backhand and half volley lob techniques	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = moves very well and consistently. 6.3 <p>Forms of Assessment : Participatory Activities, Project Results Assessment / Product Assessment, Portfolio Assessment, Practical Assessment, Practical / Performance, Test</p>	Lecture Question and Answer Movement Task 2 X 50		<p>Material: Knowing, understanding and practicing basic techniques and learning lob forehand, backhand and half</p> <p>Reference: <i>Marwoto, 1981. Towards the Perfect Tennis Court. Jakarta: Balai Pustaka.</i></p>	8%

10	Know, understand and practice basic techniques and learn serves and smashes	Students can perform basic serve and smash techniques	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = moves very well and consistently. 6.4 <p>Form of Assessment : Participatory Activities</p>	Lecture Question and Answer Movement Task 2 X 50		<p>Material: Knowing, understanding and practicing basic techniques and learning lob forehand, backhand and half</p> <p>Library: <i>PB PELTI, 1989. Training materials for trainers. Jakarta: PB. PELTI.</i></p>	8%
11	Know, understand and practice the rules of singles play Know, understand and practice the rules of doubles play	Students are able to play singles according to the rules Students are able to play doubles according to the rules	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = moves very well and consistently 6.4 <p>Form of Assessment : Participatory Activities</p>	Lecture Questions and Answers Discussion of 2 X 50 Movement Tasks		<p>Material: Know, understand and practice the rules of singles game Know, understand and practice the rules of doubles game</p> <p>Reader: <i>Jim Brown. 2001. Beginner Level Tennis. Jakarta: PT RajaGrafindo Persada.</i></p>	7%
12	Know, understand and practice the rules of singles play Know, understand and practice the rules of doubles play	Students are able to play singles according to the rules Students are able to play doubles according to the rules	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = moves very well and consistently 6.3 <p>Form of Assessment : Project Results Assessment / Product Assessment</p>	Lecture Questions and Answers Discussion of 2 X 50 Movement Tasks		<p>Material: Know, understand and practice the rules of singles games Know, understand and practice the rules of doubles games</p> <p>Reference: <i>Hoskins, Tina. 2003. The Tennis Drill Book. United States: Human Kinetics</i></p>	3%

13	Know, understand and practice field tennis refereeing	Students are able to referee according to existing regulations	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = move very well and consistently 6.3 <p>Form of Assessment : Project Results Assessment / Product Assessment</p>	Lecture Practice Discussion 2 X 50		<p>Material: Knowing, understanding and practicing field tennis refereeing Reference: <i>Hoskins, Tina. 2003. The Tennis Drill Book. United States: Human Kinetics</i></p>	2%
14	Know and understand how to learn forehand and backhand ground stroke techniquesKnow and understand how to learn forehand and backhand volleyball techniques	Students are able to demonstrate how to learn forehand and backhand ground stroke techniques Students are able to demonstrate how to learn forehand and backhand volleyball techniques	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = move very well and consistently. 6.4 <p>Form of Assessment : Participatory Activities</p>	Lecture Questions and Answers Discussion of 2 X 50 Movement Tasks		<p>Material: Knowing, understanding and practicing field tennis refereeing Reference: <i>Hoskins, Tina. 2003. The Tennis Drill Book. United States: Human Kinetics</i></p>	8%
15	Know and understand how to learn forehand and backhand ground stroke techniquesKnow and understand how to learn forehand and backhand volleyball techniques	Students are able to demonstrate how to learn forehand and backhand ground stroke techniques Students are able to demonstrate how to learn forehand and backhand volleyball techniques	<p>Criteria:</p> <ol style="list-style-type: none"> 1.The assessment criteria use a scale of 1 - 4, namely: 2.1 = movement is less precise, undirected, and inconsistent 3.2 = move quite well, but not yet directed and not consistent 4.3 = good movement, directed, but consistency is still low. 5.4 = move very well and consistently. 6.3 <p>Form of Assessment : Project Results Assessment / Product Assessment</p>	Lecture Questions and Answers Discussion of 2 X 50 Movement Tasks		<p>Material: Knowing, understanding and practicing field tennis refereeing Reference: <i>Hoskins, Tina. 2003. The Tennis Drill Book. United States: Human Kinetics</i></p>	5%
16	Know, understand and practice field tennis refereeing	assessment criteria rubric	<p>Criteria: assessment criteria rubric</p> <p>Form of Assessment : Participatory Activities</p>	2x50 lecture method		<p>Material: Knowing, understanding and practicing field tennis refereeing Library: https://journal.uny.ac.id/...</p>	6%

Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
1.	Participatory Activities	72.83%

2.	Project Results Assessment / Product Assessment	21.83%
3.	Portfolio Assessment	1.33%
4.	Practical Assessment	1.33%
5.	Practice / Performance	1.33%
6.	Test	1.33%
		99.98%

Notes

1. **Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
2. **The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
3. **Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
4. **Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
5. **Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
6. **Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
7. **Forms of assessment:** test and non-test.
8. **Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
9. **Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
10. **Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
11. **The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
12. TM=Face to face, PT=Structured assignments, BM=Independent study.