



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
S1 Sports Coaching Education Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight	SEMESTER	Compilation Date																																											
Early Childhood Sports	8520202128		T=2 P=0 ECTS=3.18	4	July 18, 2024																																											
AUTHORIZATION	SP Developer		Course Cluster Coordinator		Study Program Coordinator																																											
		Dr. Or. Muhammad, S.Pd., M.Pd.																																											
Learning model	Case Studies																																															
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																																															
	Program Objectives (PO)																																															
	PLO-PO Matrix																																															
		P.O																																														
	PO Matrix at the end of each learning stage (Sub-PO)																																															
		<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <td rowspan="2" style="width: 5%;">P.O</td> <td colspan="16">Week</td> </tr> <tr> <td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td> </tr> </table>															P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
P.O	Week																																															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16																																
Short Course Description	This course discusses the theory of early childhood growth and development, development of motor skills, growth and development patterns, characteristics of early childhood, implications for movement development programs, and the growth of exercise and sports.																																															
References	Main :																																															
	<ol style="list-style-type: none"> 1. p> 2. Schmidt, Ricard & Craig A Wilberg. 2000. <i>Motor Learning and Performance</i>. USA. Human Kinetics 3. Milojevic, Sasa & friend. 2013. <i>Youth and Hooliganism at Sports Events</i>. Belgrade. OSCE. 4. Hyman, Mark. 2009. <i>Until It Hurt</i>. Boston. Beacon Press 5. Ketsner, Jim. 1996. <i>Coaching Youth Baseball</i>. USA. Human Kinetics 																																															
	Supporters:																																															
Supporting lecturer	Dr. Or. Muhammad, S.Pd., M.Pd. Dr. Fransisca Januarumi Marhaendra Wijaya, S.Pd., M.Kes. Tutur Jatmiko, S.Pd., M.Kes. David Agus Prianto, S.Pd., M.Pd. Eva Ferdita Yuhantini, S.Pd., M.Kes. Dr. Donny Ardy Kusuma, S.Pd., M.Kes.																																															
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)																																									
		Indicator	Criteria & Form	Offline (offline)	Online (online)																																											
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																																									
1	Understanding the physical growth and development of early childhood	1. college contract 2. nervous system	Criteria: Full marks will be given if you can explain correctly	Collaborative motivation and Scientific Comprehension 2 X 50			0%																																									

2	Understanding the physical growth and development of early childhood	1. skeletal system 2. joint system	Criteria: Full marks will be given if you can explain correctly	Collaborative motivation and Scientific Comprehension 2 X 50		0%
3	Understanding the physical growth and development of early childhood	1. Muscles and tendons	Criteria: Full marks will be given if you can explain correctly	1. Lecture 2. Discussion 3. Question and answer 2 X 50		0%
4	Understanding the physical growth and development of early childhood	1. Cardiorespratory 2. Energy System	Criteria: Full marks will be given if you can explain correctly	1. Lecture 2. Discussion 3. Question and answer 2 X 50		0%
5	Understanding the development and motor skills of early childhood	Basic movement stages	Criteria: Full marks will be given if you can explain correctly	1. Lecture 2. discussion 3 questions and answers 2 X 50		0%
6	Understanding the development and motor skills of early childhood	Specific Movement Stages	Criteria: Full marks will be given if you can explain correctly	1. Lecture 2. discussion 3 questions and answers 2 X 50		0%
7	Understanding the development and motor skills of early childhood	Specialization Stage	Criteria: Full marks will be given if you can explain correctly	1. Lecture 2. discussion 3 questions and answers 2 X 50		0%
8	UTS			2 X 50		0%
9	Understand the growth and development patterns of early childhood	Explain the patterns of growth and development of early childhood	Criteria: Full marks will be given if you can explain correctly	1. Lecture 2. Discussion 3. Question and answer 2 X 50		0%
10	Understand the growth and development patterns of early childhood	Explain the patterns of growth and development of early childhood	Criteria: Full marks will be given if you can explain correctly	1. Lecture 2. Discussion 3. Question and answer 2 X 50		0%
11	Understanding the characteristics of early childhood	Explain the characteristics of early childhood: Physical and motor development	Criteria: Full marks will be given if you can explain correctly	1. Lecture 2. Discussion Questions and answers 2 X 50		0%
12	Understanding the characteristics of early childhood	Explaining the characteristics of early childhood: Cognitive development	Criteria: Full marks will be given if you can explain correctly	1. Lecture 2. Discussion 3.....Questions and answers 2 X 50		0%
13	Understanding the characteristics of early childhood	Explaining the characteristics of early childhood: Affective Development	Criteria: Full marks will be given if you can explain correctly	1. Lecture 2. Discussion 3. Question and answer 2 X 50		0%
14	Understand the implications for movement development programs	Explain the implications for movement development programs	Criteria: Full marks will be given if you can explain correctly	1. Presentation 2. Discussion 2 X 50		0%
15	Understanding Exercise and Sport Growth	Explaining the Growth of Exercise and Sports	Criteria: Full marks will be given if you can explain correctly	1. Presentation 2. Discussion 2 X 50		0%

16	Students are able to identify and interpret the growth and development of early childhood, development of motor skills, patterns of growth and development, characteristics of early childhood, implications for movement development programs, and the overall growth of exercise and sports.	UAS		2 X 50			0%
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Evaluation Percentage Recap: Case Study

No	Evaluation	Percentage
		0%

Notes

- 1. Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- 2. The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- 3. Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- 4. Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- 5. Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- 6. Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- 7. Forms of assessment:** test and non-test.
- 8. Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- 9. Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- 10. Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- 11. The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- 12. TM=Face to face, PT=Structured assignments, BM=Independent study.**