



**Universitas Negeri Surabaya**  
**Faculty of Sports and Health Sciences**  
**Bachelor of Sports Science Study Program**

Document Code

**SEMESTER LEARNING PLAN**

<b>Courses</b>	<b>CODE</b>	<b>Course Family</b>	<b>Credit Weight</b>	<b>SEMESTER</b>	<b>Compilation Date</b>																																
CRICKETS	8920102215		T=2 P=0 ECTS=3.18	1	July 17, 2024																																
<b>AUTHORIZATION</b>	<b>SP Developer</b>		<b>Course Cluster Coordinator</b>		<b>Study Program Coordinator</b>																																
	.....		.....		Dr. Heri Wahyudi, S.Or., M.Pd.																																
<b>Learning model</b>	Project Based Learning																																				
<b>Program Learning Outcomes (PLO)</b>	PLO study program that is charged to the course																																				
	Program Objectives (PO)																																				
	PLO-PO Matrix																																				
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<b>Short Course Description</b>	In this lecture, the history of the development of the softball game, techniques, refereeing, data collection and application of softball game rules are discussed, and in this lecture the didactics and methods of learning the game of softball are discussed.																																				
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td rowspan="2" style="width: 30px; height: 20px;">P.O</td> <td colspan="16" style="text-align: center;">Week</td> </tr> <tr> <td style="width: 15px;">1</td><td style="width: 15px;">2</td><td style="width: 15px;">3</td><td style="width: 15px;">4</td><td style="width: 15px;">5</td><td style="width: 15px;">6</td><td style="width: 15px;">7</td><td style="width: 15px;">8</td><td style="width: 15px;">9</td><td style="width: 15px;">10</td><td style="width: 15px;">11</td><td style="width: 15px;">12</td><td style="width: 15px;">13</td><td style="width: 15px;">14</td><td style="width: 15px;">15</td><td style="width: 15px;">16</td> </tr> </table>					P.O	Week																1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
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<b>References</b>	<b>Main :</b>																																				
	<ol style="list-style-type: none"> <li>1. Bethel Dell. 1987. Petunjuk Lengkap Softball dan Baseball . Semarang: Dahara Prize.</li> <li>2. Brockmeyer and Potter. 1989. Softball Step To Success . Canada: Leisure Press Champatgh, Illinois.</li> <li>3. Ajang Suparlan, Dkk. 2008. Modul, Pembelajaran Softball. Universitas Pendidikan Indonesia.</li> <li>4. Christina Sasminta dan Kristiyandaru Advendi. 2017. Softball . Surabaya : Unesa University Press.</li> </ol>																																				
	<b>Supporters:</b>																																				
<b>Supporting lecturer</b>	Hjirin Fithroni, S.Or., M.Pd.																																				
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [ Estimated time ]		Learning materials [ References ]	Assesment Weight (%)																														
		Indicator	Criteria & Form	Offline ( offline )	Online ( online )																																
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)																														
1	Prepare a detailed softball lecture contract with the rules agreed upon by the lecturer and students	Able to explain assessment procedures and rules of lecture activities.	<b>Criteria:</b> -	Lectures, discussions and questions and answers 2 X 50			0%																														

2	Students know the types of equipment available on the softball field, and master the simple rules of the softball game.	1.Able to explain simple game rules. 2.Be able to name various softball game equipment	<b>Criteria:</b> The 3 furthest throws taken	Oral and practice 2 X 50			0%
3	Have skills in throwing and catching in pairs	Able to practice throwing and catching softball balls in pairs	<b>Criteria:</b> 3 furthest throws taken. Throws do not count if the thrower takes the lead. Minimum throw for women is 20m and men is 30m	Oral and practice 2 X 50			0%
4	Have skills in throwing and catching in pairs	Able to practice throwing and catching softball balls in pairs	<b>Criteria:</b> 3 furthest throws taken. Throws do not count if the thrower takes the lead. Minimum throw for women is 20m and men is 30m	Oral and practice 2 X 50			0%
5	Have the skills to make strokes with the correct grip technique according to the player's character	Able to punch with the correct technique	<b>Criteria:</b> 3 furthest throws taken. Throws do not count if the thrower takes the lead. Minimum throw for women is 20m and men is 30m	Oral and practice 2 X 50			0%
6	Have hitting skills with an understanding of ball and strike, foul ball and fair ball	1.Able to punch with the correct technique 2.Able to explain the concepts of ball, strike, foul ball and fair ball.	<b>Criteria:</b> - The score is calculated from the number of matches with the specified target	Oral and practice 2 X 50			0%
7	Have the skills to make batting strokes with sacrifice and squeeze types of strokes	Able to perform sacrifice and squeeze punches with the correct technique.	<b>Criteria:</b> The score is calculated from the number of matches with the specified target	Oral and practice 2 X 50			0%
8	Have the skills to do base running, base to base	Able to do base running correctly	<b>Criteria:</b> The score is calculated from the number of matches with the specified target	Oral and practice 2 X 50			0%
9	Have the skills to do base running, base to base	Able to do base running correctly	<b>Criteria:</b> Running speed is measured by time. Disqualification is declared if you do not step on base	Practice 2 X 50			0%
10	Have throwing and batting skills correctly	1.Able to throw as far as possible 2.Capable of doing	<b>Criteria:</b> Running speed is measured by time. Disqualification is declared if you do not step on base	Practice 2 X 50			0%
11	Have skills in field control	Able to play fielding game	<b>Criteria:</b> The score is calculated from the number of contacts with the target	Oral and practice 2 X 50			0%
12	Have skills in mastering playing defensive positions	Able to play a simple game of softball	<b>Criteria:</b> The score is calculated from the number of matches with the specified target	Oral and practice 2 X 50			0%

13	Have skills in mastering playing attacking positions (offensive)	Able to play a simple game of softball	<b>Criteria:</b> The score is calculated from the number of matches with the specified target	Oral and practice 2 X 50		0%
14	Have skills in taking notes (scoring) and being an umpire	1.Able to explain scoring and umpiring techniques 2.Able to practice scoring and umpiring	<b>Criteria:</b> The score is calculated from the number of matches with the specified target	Oral and practice 2 X 50		0%
15	Have skills in pitching regulation	Able to do pitching regulation	<b>Criteria:</b> The score is calculated from the number of matches with the specified target	Oral and practice 2 X 50		0%
16	Ability to apply a variety of techniques in playing situations	Able to explain various skills and their application in the game	<b>Criteria:</b> The score is calculated from the number of matches with the specified target	Oral and practice 2 X 50		0%

#### Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
		0%

#### Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** ability in the process and student learning outcomes are specific and measurable statements that identify the ability or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.