



Universitas Negeri Surabaya
Faculty of Sports and Health Sciences
Bachelor of Sports Science Study Program

Document Code

SEMESTER LEARNING PLAN

Courses	CODE	Course Family	Credit Weight			SEMESTER	Compilation Date										
MOTOR DEVELOPMENT AND LEARNING	8920104202		T=4	P=0	ECTS=6.36	4	July 17, 2024										
AUTHORIZATION	SP Developer		Course Cluster Coordinator			Study Program Coordinator											
			Dr. Heri Wahyudi, S.Or., M.Pd.											
Learning model	Project Based Learning																
Program Learning Outcomes (PLO)	PLO study program that is charged to the course																
	Program Objectives (PO)																
	PLO-PO Matrix																
		P.O															
	PO Matrix at the end of each learning stage (Sub-PO)																
	P.O	Week															
		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Short Course Description	This course is an introduction, learning/teaching, development, implementation, and evaluation of the concept of Motor Development, lifelong individual development, factors that influence motor development, children's motor development with the physical education learning process in elementary schools																
References	Main :																
	Supporters:																
Supporting lecturer	Dr. Andun Sudijandoko, M.Kes. Dr. Noortje Anita Kumaat, M.Kes. Dr. Roy Januardi Irawan, S.Or., M.Kes. Dr. Abdul Aziz Hakim, S.Or., M.Or. Yudi Dwi Saputra, M.Pd.																
Week-	Final abilities of each learning stage (Sub-PO)	Evaluation		Help Learning, Learning methods, Student Assignments, [Estimated time]		Learning materials [References]	Assessment Weight (%)										
		Indicator	Criteria & Form	Offline (offline)	Online (online)												
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)										

1	Understanding motor learning and the systematics of motor movements	<ol style="list-style-type: none"> 1. Understanding the meaning of motor learning, 2. Explain motor movements, 3. Explain movement coordination and the characteristics of movement coordination 	Criteria: V	Lectures, discussions and questions and answers 3 X 50			0%
2	Understanding motor learning and the systematics of motor movements	<ol style="list-style-type: none"> 1. Understanding the meaning of motor learning, 2. Explain motor movements, 3. Explain movement coordination and the characteristics of movement coordination 	Criteria: Full marks if you are able to answer all the questions correctly	Lectures, discussions and questions and answers 4 X 50			0%
3	Understanding motor learning and the systematics of motor movements	<ol style="list-style-type: none"> 1. Understanding the meaning of motor learning, 2. Explain motor movements, 3. Explain movement coordination and the characteristics of movement coordination 4. Explaining the second level of motor learning phase 5. Explain the reception and processing of information 	Criteria: Full marks if you are able to answer all the questions correctly	Lectures, discussions and individual assignments 4 X 50			0%
4	Understanding the first level of motor learning phase (mastery of gross coordination)	Able to identify motor movement processes and	Criteria: Listen to an explanation of the first level motor learning phase. Discuss questions and answers - Assignment. Look for first level motor journals and articles	Lectures, discussions and 4 X 50 Assignments			0%
5	Understanding the first level of motor learning phase (mastery of gross coordination) Able to identify motor movement processes and	<ol style="list-style-type: none"> 1. First level motor learning phase 2. first level motor coordination 	Criteria: Full marks if you are able to answer all the questions correctly	Lectures, discussions and 4 X 50 Assignments			0%
6	Understanding the first level of motor learning phase (mastery of gross coordination) Able to identify motor movement processes and	<ol style="list-style-type: none"> 1. First level motor learning phase 2. first level motor coordination 	Criteria: Full marks if you are able to answer all the questions correctly	Lectures, discussions and 4 X 50 Assignments			0%

7	Understanding the first level of motor learning phase (mastery of gross coordination) Able to identify motor movement processes and	1.First level motor learning phase 2.first level motor coordination	Criteria: Full marks if you are able to answer all the questions correctly	Lectures, discussions and 4 X 50 Assignments			0%
8	Understanding the first level of motor learning phase (mastery of gross coordination) Able to identify motor movement processes and	1.First level motor learning phase 2.first level motor coordination	Criteria: Full marks if you are able to answer all the questions correctly	Lectures, discussions and 4 X 50 Assignments			0%
9	Understanding the first level of motor learning phase (mastery of gross coordination) Able to identify motor movement processes and	1.First level motor learning phase 2.first level motor coordination	Criteria: Full marks if you are able to answer all the questions correctly	Lectures, discussions and 4 X 50 Assignments			0%
10	Understanding the first level of motor learning phase (mastery of gross coordination) Able to identify motor movement processes and	1.First level motor learning phase 2.first level motor coordination	Criteria: Full marks if you are able to answer all the questions correctly	Lectures, discussions and 4 X 50 Assignments			0%
11							0%
12							0%
13							0%
14							0%
15							0%
16							0%

Evaluation Percentage Recap: Project Based Learning

No	Evaluation	Percentage
		0%

Notes

- Learning Outcomes of Study Program Graduates (PLO - Study Program)** are the abilities possessed by each Study Program graduate which are the internalization of attitudes, mastery of knowledge and skills according to the level of their study program obtained through the learning process.
- The PLO imposed on courses** are several learning outcomes of study program graduates (CPL-Study Program) which are used for the formation/development of a course consisting of aspects of attitude, general skills, special skills and knowledge.
- Program Objectives (PO)** are abilities that are specifically described from the PLO assigned to a course, and are specific to the study material or learning materials for that course.
- Subject Sub-PO (Sub-PO)** is a capability that is specifically described from the PO that can be measured or observed and is the final ability that is planned at each learning stage, and is specific to the learning material of the course.
- Indicators for assessing** abilities in the process and student learning outcomes are specific and measurable statements that identify the abilities or performance of student learning outcomes accompanied by evidence.
- Assessment Criteria** are benchmarks used as a measure or measure of learning achievement in assessments based on predetermined indicators. Assessment criteria are guidelines for assessors so that assessments are consistent and unbiased. Criteria can be quantitative or qualitative.
- Forms of assessment:** test and non-test.
- Forms of learning:** Lecture, Response, Tutorial, Seminar or equivalent, Practicum, Studio Practice, Workshop Practice, Field Practice, Research, Community Service and/or other equivalent forms of learning.
- Learning Methods:** Small Group Discussion, Role-Play & Simulation, Discovery Learning, Self-Directed Learning, Cooperative Learning, Collaborative Learning, Contextual Learning, Project Based Learning, and other equivalent methods.
- Learning materials** are details or descriptions of study materials which can be presented in the form of several main points and sub-topics.
- The assessment weight** is the percentage of assessment of each sub-PO achievement whose size is proportional to the level of difficulty of achieving that sub-PO, and the total is 100%.
- TM=Face to face, PT=Structured assignments, BM=Independent study.

